Title: The relationship between spiritual maturity emotional intelligence, marital needs, and marital satisfaction: a correlational study among married students at AIIAS

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Abstract:

This study examined the relationship between spiritual maturity, emotional intelligence, and marital satisfaction. Harley’s model of marital satisfaction, which emphasized the fulfillment of needs as a basis for determining satisfaction, was used. The participants were 141 married, graduate students enrolled at the Adventist International Institute of Advanced Studies (AIIAS). A descriptive and comparative correlational research design was used. The major findings revealed statistical significant relationships between spiritual maturity and emotional intelligence ($r = .220$), spiritual maturity and marital satisfaction ($r = .078$), and between emotional intelligence and marital satisfaction ($r = .047$). Of the 10 marital needs examined, only the need for family commitment did not significantly correlate with marital satisfaction ($p = .059$). The variables making up the predictive model for marital satisfaction were the needs for recreational companionship and spousal admiration, together accounting for 23% of the variance in marital satisfaction. Implications of the results and suggestions for educational practice and future research are provided.